



**GIG**  
CYMRU  
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WALES

Bwrdd Iechyd Prifysgol  
Abertawe Bro Morgannwg  
University Health Board



## AN EXAMPLE

<b>Meeting Date</b>	<b>6/08/2020</b>	<b>Agenda Item</b>	<b>6.1</b>	
<b>Report Title</b>	<b>Mental Health and Learning Disability Unit, Care and Treatment plan update report</b>			
<b>Report Author</b>	Ian Stevenson			
<b>Report Sponsor</b>	Dai Roberts			
<b>Presented by</b>	Dai Roberts			
<b>Freedom of Information</b>	Open			
<b>Purpose of the Report</b>	To inform this Board on the current actions being taken by the Delivery Unit following the recommendations made by NHS Wales Delivery Unit in their report received in September 2018.			
<b>Key Issues</b>	Locality plans within the Delivery Unit have been developed that incorporate the following actions against <ol style="list-style-type: none"> <li>1. Outcome measures and formulation for CTPs.</li> <li>2. Risk management within CTPs.</li> <li>3. Multi-disciplinary involvement with CTPs.</li> <li>4. Quality of CTPs.</li> </ol>			
<b>Specific Action Required</b> <i>(please choose one only)</i>	<b>Information</b> <input type="checkbox"/>	<b>Discussion</b> <input type="checkbox"/>	<b>Assurance</b> <input checked="" type="checkbox"/>	<b>Approval</b> <input checked="" type="checkbox"/>
<b>Recommendations</b>	Members are asked to: <ul style="list-style-type: none"> <li>• <b>NOTE THE REPORT</b></li> </ul>			

<b>Governance and Assurance</b>		
<b>Link to Enabling Objectives</b> (please choose)	<b>Supporting better health and wellbeing by actively promoting and empowering people to live well in resilient communities</b>	
	Partnerships for Improving Health and Wellbeing	<input checked="" type="checkbox"/>
	Co-Production and Health Literacy	<input type="checkbox"/>
	Digitally Enabled Health and Wellbeing	<input type="checkbox"/>
	<b>Deliver better care through excellent health and care services achieving the outcomes that matter most to people</b>	
	Best Value Outcomes and High Quality Care	<input checked="" type="checkbox"/>
	Partnerships for Care	<input type="checkbox"/>
	Excellent Staff	<input checked="" type="checkbox"/>
	Digitally Enabled Care	<input type="checkbox"/>
	Outstanding Research, Innovation, Education and Learning	<input type="checkbox"/>
<b>Health and Care Standards</b>		
(please choose)	Staying Healthy	<input checked="" type="checkbox"/>
	Safe Care	<input checked="" type="checkbox"/>
	Effective Care	<input checked="" type="checkbox"/>
	Dignified Care	<input checked="" type="checkbox"/>
	Timely Care	<input checked="" type="checkbox"/>
	Individual Care	<input checked="" type="checkbox"/>
	Staff and Resources	<input checked="" type="checkbox"/>
<b>Quality, Safety and Patient Experience</b>		
<b>Financial Implications</b>		
There are financial implications in the additional training requirements in risk assessment and care co-ordination role development for staff. The cost of additional funding is estimated at £50k.		
<b>Legal Implications (including equality and diversity assessment)</b>		
Compliance with the Mental Health Measure (Wales) 2010.		
<b>Staffing Implications</b>		
There are no staffing implications as a result of this report.		
<b>Long Term Implications (including the impact of the Well-being of Future Generations (Wales) Act 2015)</b>		
<b>Report History</b>	Initial paper provided August 2019.	
<b>Appendices</b>	1. Learning Disabilities action plan 2. Swansea action plan 3. Neath Port Talbot action plan	

# **MENTAL HEALTH & LEARNING DISABILITIES CARE AND TREATMENT PLAN – UPDATE**

## **1. INTRODUCTION**

This report follows the last meeting of the Health Board Legislation Committee on 6/02/2020. NHS Wales Delivery Unit visited the Mental Health and Learning Delivery Unit in September 2018 and provided a report with key recommendations for care and treatment planning for both the Health Board and NHS Wales.

## **2. BACKGROUND**

This report has been written to provide a summary update to the Committee of the current actions being taken by the mental health localities of Swansea, Neath Port Talbot and the Learning Disabilities service. The action plans compiled from each of these areas addresses the recommendations around the quality of care and treatment planning and in addition ensuring that there is adherence to the legislation outlined in the All Wales Review of the Quality of Care and Treatment Planning (CTP) in Adult Mental Health Services 2018, undertaken by the NHS Wales Delivery Unit.

**It is apparent that the Covid 19 pandemic has had an effect on a number of actions.**

(See appendix 1, 2 and 3)

## **3. GOVERNANCE AND RISK ISSUES**

Locality action plans have been developed with monitoring arrangements in place to ensure completion dates against each objective. Monitoring arrangements include

- **Outcome measures and formulation for CTPs using SMART objectives**

Refresher training plans ongoing in all localities although no further development and progress re the delivery of joint health and local authority training programmes due to COVID pandemic. Monitoring arrangements provided through CTP audit and caseload supervision continue in each of the service areas.

- **Risk Management within CTPs**

WARRN training continues within the Delivery Unit. The use of WARRN has been evident in recent Serious Incident reviews. Bi-annual locality audits of CTPs using peer reviewers being undertaken as part of the educational framework with quarterly progress updates being provided to Locality Board. Other monitoring arrangements include supervision records in addition to training records are in place in each of the service areas

- **Full MDT input included in CTPs**

Task and Finish Groups established to examine the current CTP review documentation. Clear guidelines given to all staff e.g. team managers, clinical leaders indicating that the MDT review process is to be the default position. Training has been curtailed due to COVID but Swansea have indicated that more participation is required with carer involvement when reviews of CTPs take place. CTP construction with service users. CTP reviews are now taking place away from outpatient clinics.

- **Quality of CTPs**

Refresher training framework developed to consider the CTP being central to care planning (one overarching plan of care) through the Learning and Development team. In addition a working group has been set up to identify an appropriate and uniformed way of sharing documentation between different clinical areas. Monitoring arrangements through quarterly updates from the working group to the Locality Board. CTP audit and caseload supervision with a review of current system with identified changes and actions. A local engagement strategy is being developed to ensure that all CTPs are person centred and will involve service user groups, third sector and advocacy groups.

All of the action plans submitted from each of the areas have identified:

1. Objectives
2. Actions
3. Accountability through identified team/individual leads
4. Start date
5. Projected completion dates
6. Completion date
7. Monitoring arrangements.

The COVID outbreak has meant that that although risk management training has been impacted. More development has been identified in the need to develop and improve on the quality of relapse indicators for patients.

(See Appendix 1, 2 and 3) for detailed action planning from each of the service areas for all of the above bullet points)

#### **4. FINANCIAL IMPLICATIONS**

There are financial implications in the additional training requirements in risk assessment and care co-ordination role development for staff. The cost of additional funding is estimated at £50k.

#### **5. RECOMMENDATION**

The Committee are recommended to note this summary report of the actions taken in response to the All Wales Review of the Quality of Care and Treatment Planning (CTP) in Adult Mental Health Services 2018. The Committee are also recommended to note the impact that COVID 19 has had on the delivery of the time scales in each of the actions drawn up by each of the service areas within the Delivery Unit.