

MAIN REPORT		ABM University Health Board
MENTAL HEALTH LEGISLATION COMMITTEE		Date of Meeting: 10 th May 2018 Agenda item : 4a
Subject	Mental Health (Wales) Measure 2010 Performance Report	
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Approved and Presented by	David Roberts, Service Director, Mental Health & Learning Disabilities Delivery Unit	

1.0 PURPOSE

This report has been compiled to inform the Legislative Committee of performance against the Mental Health Measure (Wales) 2010.

2.0 SUMMARY

- 2.1 In February, we did not meet the target for the number of assessments in Part 1 of the Mental Health Measure. The return submitted to WG includes CAMHS data, which is collated by Cwm Taf HB. There are ongoing discussions with Cwm Taf regarding their analysis of the data. If we exclude their data from our submission, we were 95% compliant (**Target 80%**). We achieved target in the number of interventions in Part 1 in February, including and excluding CAMHS.
- 2.2 The percentage of Care and Treatment Plans reported for February was slightly under the target. The target does not measure the quality of the data but this is being addressed by a separate work stream within the Delivery Unit. An audit of CTP's has taken place to capture service user's experiences of care and treatment planning. A sample of service users participated in this audit during their annual review. This audit process is now in place across the Delivery Unit
- 2.4 The Welsh Government Delivery Unit is visiting the Health Board in April 2018 to conduct a review of Care and Treatment Plans. Part of this review process will include meetings with practitioners, service users and stakeholders.

3.0 PERFORMANCE

3.1 Part 1 Mental Health Measure

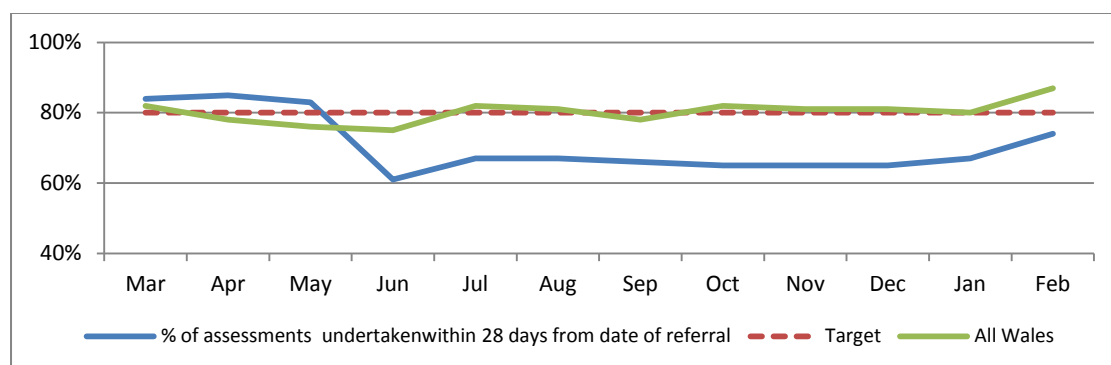
Part 1 of the Measure requires Local Health Boards and Local Authorities to work together to establish a Local Primary Mental Health Support Services (LPMHSS) to provide:

- Assessment
- Short-term interventions
- Information and advice
- Onward referral to other services, where appropriate

3.1.1 Tier 1 target (Assessments)

80% of assessments by the Local Primary Mental Health Support Services (LPMHSS) undertaken within 28 days from date of referral.

Figure 1 – Waiting time for assessment



3.1.2 What does the data say?

ABMU met the target for 6 of the 12 months shown. The assimilation of CAMHS data into the reporting framework has seen a negative impact to the assessment target. Excluding CAMHS data ABMU were 95% compliant. It should be noted that actual time waiting is irrespective of weekends and bank holidays. All Wales data for February ranged from 73.8% to 95.9%, ABM 73.8%.

3.1.3 Tier 1 target (Interventions)

80% of therapeutic interventions (either on an individual or group basis) started within 28 days following an assessment by LPMHSS.

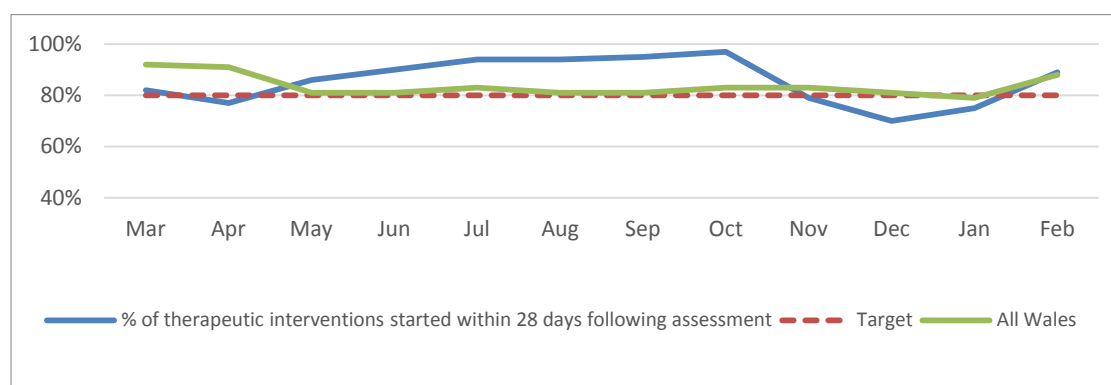


Figure 2 - Waiting time for intervention

3.1.4 What does the data say?

ABMU met the target for 8 of the 12 months shown. Following analysis of the CAMHS methodology of collating intervention data, we achieved the target in February. All Wales data for February ranged from 75.4% to 95.2%, ABM 89%. Meeting the target does not tell you how many people are waiting or the length of longest waits, but we manage and monitor the lists locally.

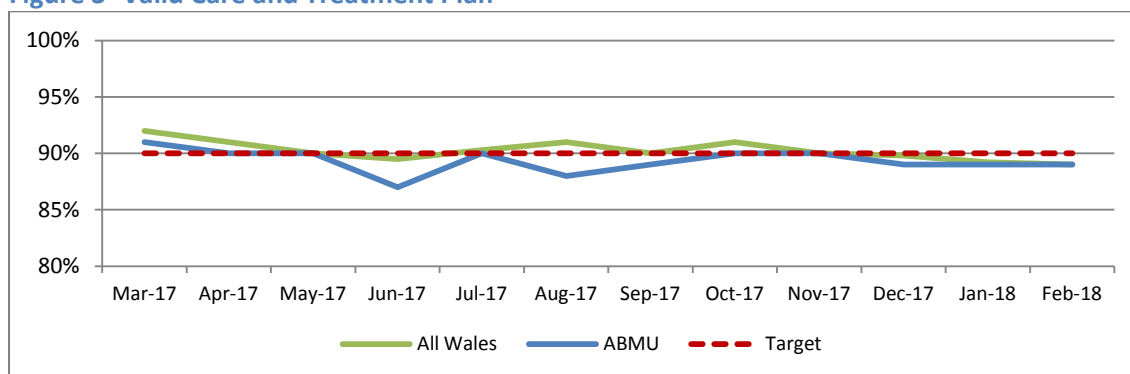
3.2 Part 2 Mental Health Measure

Part 2 of the Measure places duties on Local Health Boards and Local Authorities in Wales to work together to ensure people of all ages within secondary mental health services have a care coordinator and a statutory care and treatment plan (CTP) that is reviewed at least once every year.

3.2.1 Tier 1 Target (Care and Treatment Plans)

90% of patients who are in receipt of secondary mental health services have a valid Care and Treatment plan (CTP) at the end of each month.

Figure 3- Valid Care and Treatment Plan



3.2.2 What does the data say?

The data covers Adult, Older people, CAMHS and Learning Disability services. ABMU has met the target 6 of the 12 months shown. All Wales data ranged from 85.4% to 92.5% (ABMU 89.9%). Alongside the CTP review audit the Delivery Unit continues to conduct annual CTP audits within each Community Mental Health Team, utilising the All Wales CTP Audit Tool.

The Delivery Unit has introduced a live CTP register and part of the functionality is to alert practitioners of review due dates. This has been introduced in partnership with the Local Authority and early indicators have seen an improvement in CTP compliant rates.

The Health Board has regular meetings with Cwm Taf HB to review and discuss performance, and the quality of care in CAMHS. Meetings are chaired by ABMU Assistant Director of Strategy and Partnerships.

Figure 4 -Valid Care and Treatment Plan for each service area

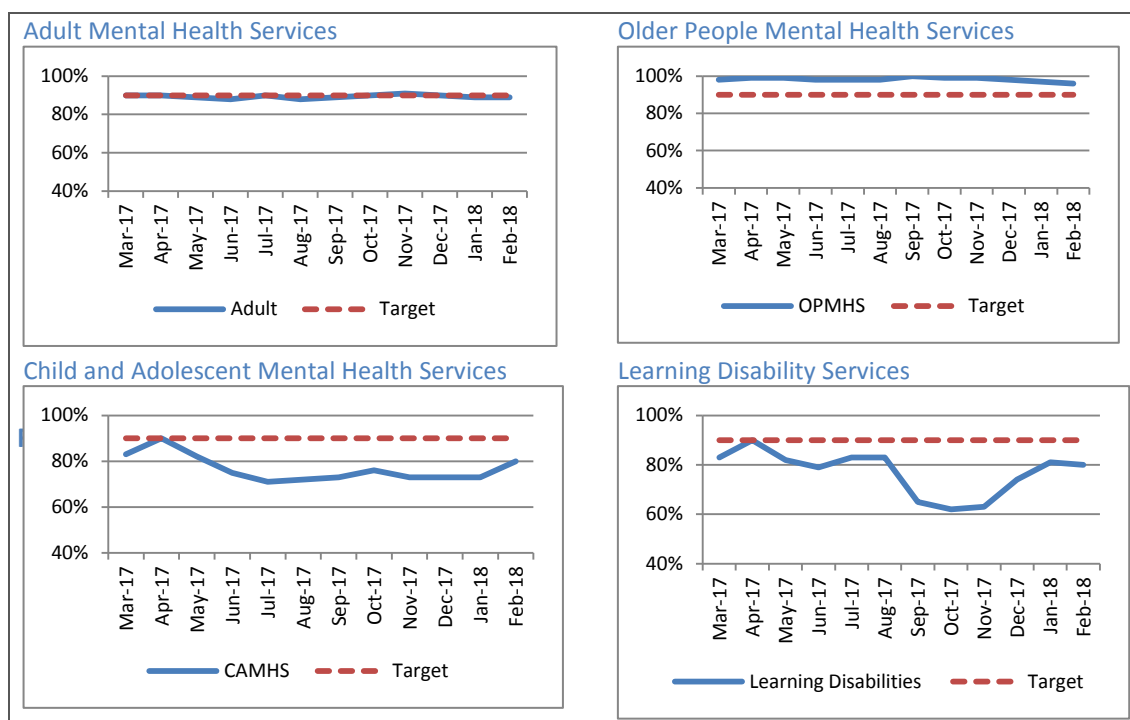
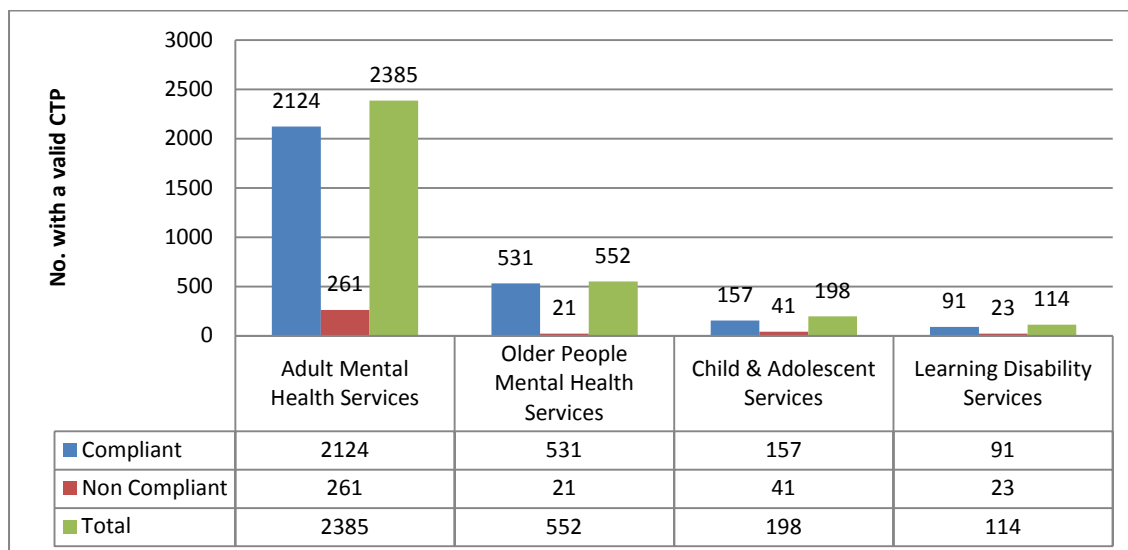


figure 5 - Number of patients with a valid Care and Treatment Plan – November 2017



These numbers include patients who have been placed in the independent sector within our LHB.

3.3 Part 3 Mental Health Measure

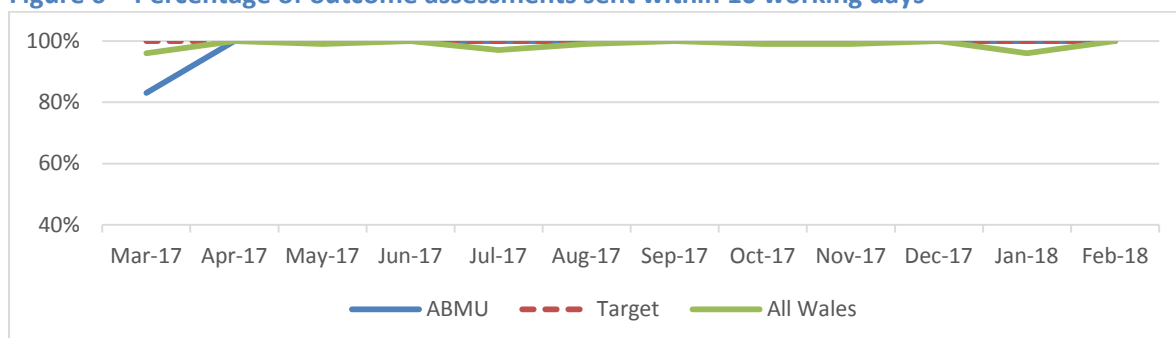
The aim of Part 3 of the Measure is to make it easier for people who are not currently receiving secondary mental health services, but who have done so in the previous three years, to access services again. It gives them the right if they believe their mental health is deteriorating to the point where they need specialist care and treatment again, to refer themselves directly back to secondary services, without first having to see a GP or go elsewhere for a referral.

3.3.1 Tier 1 Target (self-referrals and timely assessments)

Part 3 of the Measure requires that Local Health Boards and Local Authorities have arrangements in place to receive self-referrals of this kind, and to undertake timely assessments. The regulation made Under Part 3 require that a copy of the report is provided to the individual who was assessed no later than 10 working days after the conclusion of the assessment.

A report will be considered to be provided when it is either being delivered by hand to the patient or sent by prepaid post to the individual's usual or last known address.

Figure 6 – Percentage of outcome assessments sent within 10 working days



3.3.2 What does the data say?

ABMU met the target 11 out of the 12 months shown. ABMU compares favourably to the performance of other Health Boards in the All Wales MH measure report, which was 99% in October, ABMU 100%.

3.4 Part 4 Mental Health Measure

Part 4 of the Measure ensures all inpatients in Wales who are receiving assessment or treatment for a mental disorder are entitled to request support from an Independent Mental Health Advocate (IMHA). This extends the Mental Health Advocacy scheme provided under the Mental Health Act 1983. It covers patients subject to compulsion under the Mental Health Act 1983, and those in hospital voluntarily. This includes patients that are receiving treatment for their mental disorder in: mental health specific hospitals, independent hospitals and general hospitals.

Figure 6 – Percentage of ABMU Hospitals with advocate arrangements in place, including 1 independent hospital (Rushcliffe Hospital)

ABMU Hospitals (30th September 2017)	Number of Hospitals	Number who have arrangements in place to ensure advocacy is available to qualifying patients	%age Compliant
NHS Mental Health Hospitals	5	5	100%
Independent Mental Health Hospitals	1	1	100%
Other NHS Hospitals	9	9	100%

4.0 RECOMMENDATIONS/ACTIONS

- 4.1 A recent audit of care and treatment plans using the All Wales CTP audit tool was conducted by Swansea Locality and Team Managers. Areas of good practice and areas of improvement were shared with the community mental health teams. The recommendations following this were:
- To improve and demonstrate carers involvement in the CTP process
 - To ensure a clinical risk formulation approach is used and evidenced in the development of a risk management plan.
- 4.2 The Mental Health and Learning Disabilities Informatics Team have developed Care and Treatment Plan registers for Community Mental Health Teams to use as a monthly audit prior to submitting the data to WG. These are currently being used in Adult and Older People CMHT's in Neath Port Talbot and Bridgend.