

Older Peoples Clinical Services Plan



CLINICAL SERVICES PLAN 2019-24



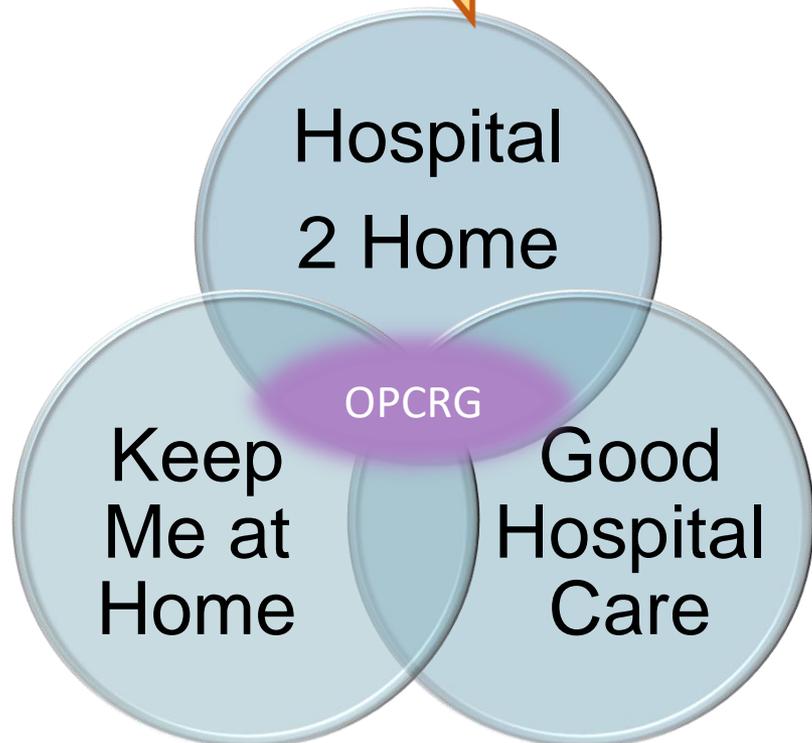
BETTER HEALTH • BETTER CARE • BETTER LIVES

Our ambition is to provide genuinely integrated care, embracing the principles of comprehensive geriatric assessment required to meet the needs of older people.

Clinical Services Plan : 10 components for delivering excellence in older peoples care (Kings Fund,2014)

1. Healthy active ageing and supporting independence
2. Living well with simple or stable long terms condition
3. Living well with complex co-morbidities, dementia and frailty
4. Accessible, effective support close to home at times of crisis
5. High quality person centered acute care when needed
6. Good discharge planning and post discharge support
7. Effective rehabilitation and re-ablement after acute illness or injury
8. High quality nursing and residential care for those who need it
9. Support, Choice and control at end of life
10. Integration to provide person centered integrated care

Older Peoples Clinical Redesign Group



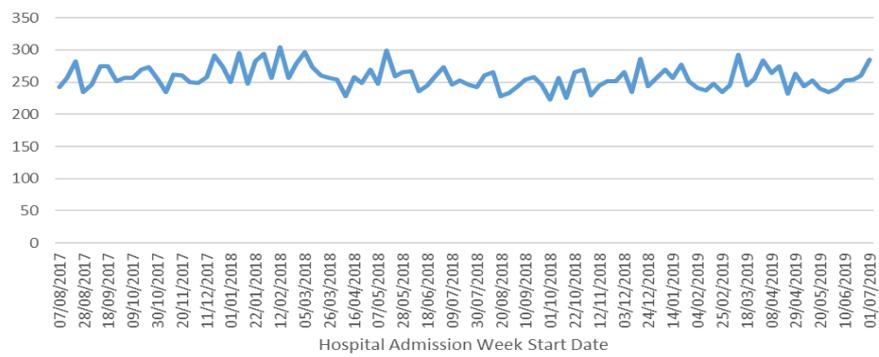
Multidisciplinary approach to Leadership

Clinical Lead	Rhodri Edwards
Planning Lead	Nicola Johnson and Marie-Claire Griffiths
Management Lead	Hilary Dover (H2H and KM@H) Jan Worthing (GHC)



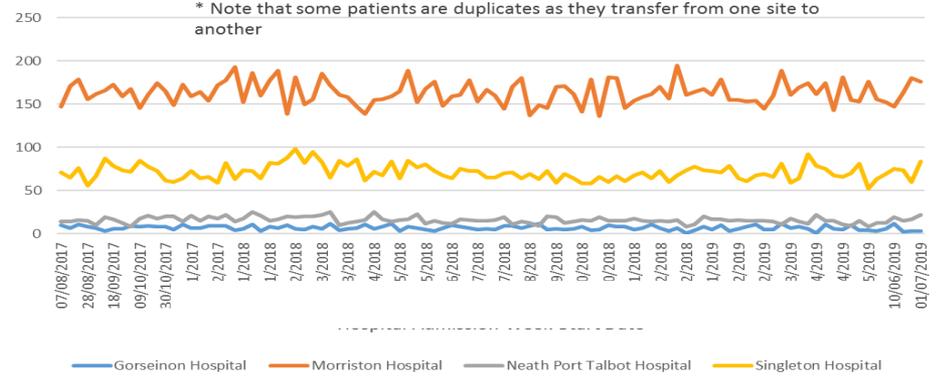
Older People's Admissions

Total Weekly General Medicine Patients aged 75+ Emergency or Transfer Admissions to Singleton, Morriston, Gorseinon and NPT Hospital*



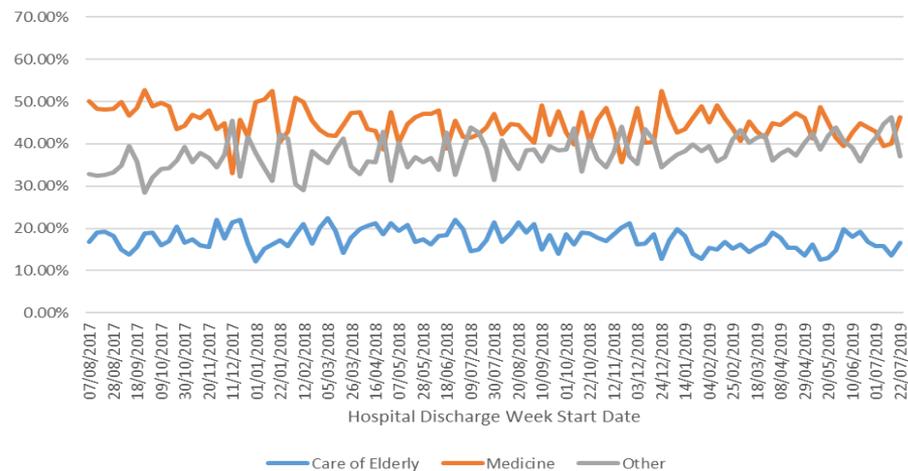
Total Weekly Patients aged 75+ Emergency or Transfer Admissions to Singleton, Morriston, Gorseinon and NPT Hospital

* Note that some patients are duplicates as they transfer from one site to another

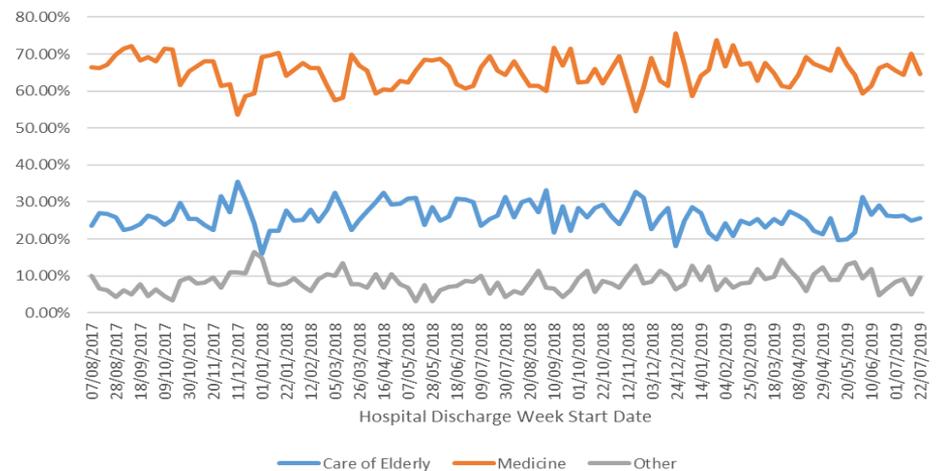


- The weekly admissions are variable but generally around 250 per week, 150 to 180 of these are to Morriston
- The median weekly admissions are about 150 for 75-84 years olds and 100 per week for 85+

% Patients 75+ discharging ward type



Patients 75+ admitted to medicine discharging ward type

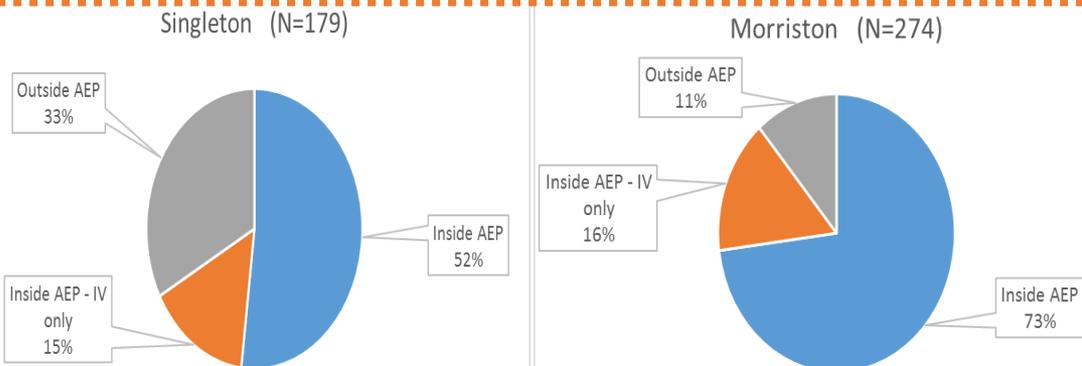


- Those discharged from a care of the elderly ward is around 17% per week
- 45% are discharged from from medicine wards an 40% from other wards.

Right Place Right Care Review

757 patients surveyed predominantly in General Medicine (63%) and over the age of 65 (80%)

Morrison 73% met the clinical criteria for admission
 Singleton 52% met the clinical criteria for admission

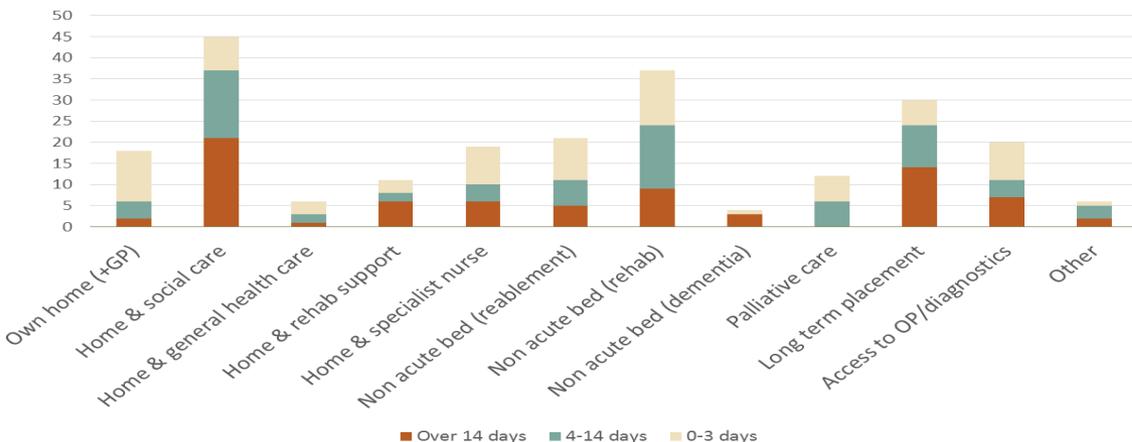


- ### Themes
- Maximise capacity in partnership
 - Whole system approach
 - Support Frail patients to receive the right care in the right place

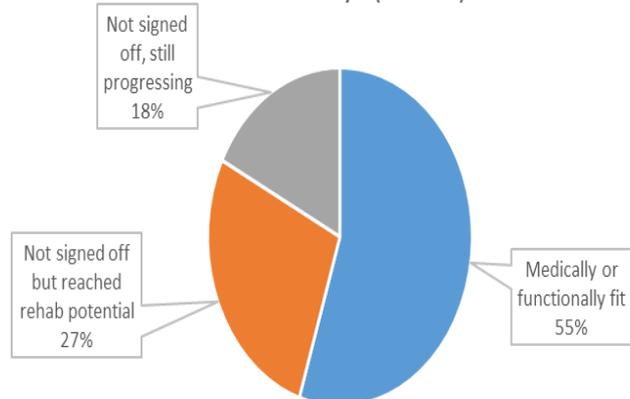
Morrison 40% met the clinical criteria on the day of care
 Singleton 32% met the clinical criteria on the day of care

55% of patients fully recovering in hospital - medically or functionally fit.

Alternatives for Patients outside AEP on the Day of Care by Days until Discharge - Acute Hospitals (N=229)



Inpatients with alternatives, not discharged within 3 days (N=251)



CSP Deliverables for Older People

- Single Frailty Model across Swansea and Neath Port Talbot
- Increase the capacity and responsiveness of our existing community based integrated Acute Clinical Teams.
- Admission avoidance including taking direct referrals from Welsh Ambulance stack
- Focus on Care Home Medicine
- Embed Comprehensive Geriatric Assessment across hospital pathways
- Standardise Acute Frailty Services across the Health Board
- Develop policy and guidelines covering the major frailty syndromes including falls, delirium, dementia, urinary incontinence and polypharmacy
- Address the findings of our Right Place Right Care Review (2018)
- Establish a Hospital2Home as a re-ablement model of discharge

Quality Priorities

SAFER patient flow



Comprehensive geriatric assessment



Reducing harm from falls



Improving outcomes following stroke

Improving cancer outcomes

Improving end of life care

Improving surgical outcomes

Reducing Pressure Ulcers



Reducing Healthcare Acquired Infections





Home 2 Home Integrated Pathway for Older People

Unscheduled Care Annual Plan Actions

1. Ensure Timely Access to Urgent or Emergency Care through implementing assessment recommendations for vascular, Fractured neck of femur, Acute Medical Assessment Unit (AMAU) and ED pathways, maximising use of Medicine Neurology and Respiratory Hot Clinics and flexible beds.
2. Reduce patient risk through reduction in avoidable delays and prolonged hospital stay through implementing the NHS Wales Delivery Unit complex discharge audit recommendations and Right Care Right Place review recommendations.
3. Rebalance medical bed capacity at Morriston through maximising the use of Early Supported Discharge for COPD patients at Morriston and Singleton, and the use of community hospital frailty beds, pathway coordinators (funding dependent), Green to Go ward relocation (funding dependents) and implementing OPAS pus (funding dependent).
4. Draft Transformation Fund Bid for Hospital2Home service including new discharge to assess and recover model, expansion in reablement at home, expansion in acute clinical teams & Single Point of Access.
5. Centralise the Acute Medical Take at Morriston and align with continued planning for the HASU (subject to any engagement/consultation requirements).

