



Partneriaeth
Ranbarthol
Gorllewin
Morgannwg

West
Glamorgan
Regional
Partnership

WEST GLAMORGAN REGIONAL PARTNERSHIP

**Area Plan and
Action Plan Priorities
for 2025-2026**

UPDATE - September 26



Region: West Glamorgan Regional Partnership

Contact: west.glamorgan@swansea.gov.uk

Website: www.westglamorgan.org.uk

Contents

Vision and Aims of the Partnership	1
Communities and Older People	2
Carers Partnership Board.....	8
Dementia.....	11
Wellbeing and Learning Disability	13
Emotional Wellbeing and Mental Health.....	15
Children and Young People	19
Neurodiverse Programme	22
Regional Commissioning Programme	24

Vision and Aims of the Partnership

West Glamorgan developed a co-produced set of vision and aims at its inception that the region continues to follow:

- We will drive transformational improvements in wellbeing, health and care for the populations we serve through better practice, better services, better technologies and better use of resources.
- We will change the way that we work with citizens away from paternalistic care to shared responsibility and co-production.
- We will secure the delivery of seamless care which will meet the outcomes that matter to the people we serve and support through integration, earlier intervention and prevention
- We will manage our common resources collaboratively and pool resources wherever we can.
- We will have a single and simple governance structure covering Public Service Boards, the Regional Partnership Board and sub-structures for the region.

The Regional Programme exists to:

- Drive continuous improvement in wellbeing, health and care in partnership.
- Work in co-production with partners from the third sector, voluntary sector, private sector, statutory sector and our citizens to secure more seamless care in communities.
- Cross service boundaries to develop better, more seamless care.
- Promote a healthier region through asset-based communities.
- Make sure our agencies put people at the heart of wellbeing, health and care transformation, integration and prevention.
- Help to make sure that people live healthier and happier lives
- Deliver the Regional Transformational Strategy and Plan



Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Communities and Older People	<ul style="list-style-type: none"> Transforming Health and Care Services at Home Strengthening Communities 	<ul style="list-style-type: none"> Place Based Care – Prevention and Community Co-ordination Place Based Care – Complex Care Closer to Home Home from Hospital 	Dave Howes and Craige Wilson

Overview of the Programme

Our Communities and Older People programme has an ambition to transform health and social care with innovative, financially sustainable models. We have a vision where every community member and older adult thrives in safety, health, and prosperity. We will achieve this through partnering with community & older people, third sector and statutory partners, working hand-in-hand with the communities to design services that truly meet their needs. Part of our efforts involve creating a Prevention and Early Intervention Model designed to help individuals remain in their communities longer, without needing statutory services.

At the other end of the spectrum, we support individuals in being safely and promptly discharged from statutory services with the support of the community. Together, we will build a brighter, healthier future for all

Workstream	Brief Description of Workstream	Progress to Date
Regional Performance and Finance of Section 33 Intermediate Care / Integrated Community Care System	<p>The workstream oversees the financial performance and service delivery for Section 33 services, by reviewing budgets, actuals, and key metrics like referrals, discharges, and reablement outcomes.</p> <p>The group also evaluates the full scope of funding sources—Core, Regional Integration Fund, 6 Goals Funding, Further Faster, and Allied Health Professional Funding—to ensure resources are used effectively</p>	<ul style="list-style-type: none"> Budget and Resource Alignment The spreadsheet detailing budgetary and actual costs for integrated and other services has now been received. Work is underway to align these costs with actual resource allocations across each service area. Workshops will be scheduled with finance and service leads to review the shared data, validate the figures, and formally agree on the identified resources. Performance Monitoring Dashboard A PowerBI dashboard has been developed to support service leads and the director in monitoring service performance. It currently includes all collectable data available and will continue to evolve in line with the ongoing development of the project.
Monitoring and Oversight Joint Equipment Store	This workstream monitors the performance and the financial aspects of the Joint community equipment stores (CES)	<p>There is currently a review the CES the immediate scope of review confirmed:</p> <p>Immediate focus on scrutiny of equipment spend & development of options to increase required investment</p>

		from partners and/or reshape of regional equipment store 'offer
<p>Development of the Prevention and Early Intervention Model</p>	<p>The workstream aims to collate what early intervention provisions are currently in place across the region.</p> <p>Create a regionally agreed definition and vision</p> <p>Develop an optimal model of early intervention services for older people, delaying and reducing the need for statutory interventions.</p>	<ul style="list-style-type: none"> • The Task and Finish Group has been established to identify themes to pilot data collection and analysis across the region to demonstrate the benefits of early help. The group will pilot across both geographical areas to understand the themes coming through from the population as part of a research quadrant into the community. • The group will meet monthly to analyse / verify data from July 2025 – January 2026 • Cross reference themes to the model of prevention work being undertaken by the lead for Mental Health and Wellbeing. • Zoe Fisher, lead for MH&WB has presented the MH&WB model to the workstream and work will begin to align the two models for a consistent approach across programmes
<p>Pathways of Care Delays Action Plan and Implementation</p>	<p>This project aims to</p> <p>Review the status of Pathways of Care Delay Actions Plan. By doing this we can:</p> <ul style="list-style-type: none"> • Ensure accountability by holding service leads responsible for the timely completion of their assigned actions. • Identify and address challenges that may prevent the timely execution of actions. • Monitor progress against key performance indicators (KPIs) to evaluate the effectiveness of actions. • Facilitate collaboration across departments to ensure alignment and efficient problem-solving to address operational issues. 	<p>The programme continues to progress across four key deliverables aimed at improving operational performance and service outcomes:</p> <p><u>Refreshed Action Plan to Reduce POCD</u></p> <ul style="list-style-type: none"> • Reviewed and updated by all partners in July 2025; presented to OP & C for approval. • Key actions include LOS reviews, EDD compliance audits, P3 readmission analysis, Board Round refresh, and deep dives into delays related to family support, assistive technology, and equipment. • Next review scheduled for October 2025. <p><u>Digital Dashboard for Daily Reporting</u></p> <ul style="list-style-type: none"> • Improvements shared at DPRG in September; 'On Hold' status removed and reclassified as 'Incomplete'. • RRR tab scheduled to go live in October.

	<ul style="list-style-type: none"> • Manage risk effectively by identifying proactive solutions. • Reviewing timelines, milestones, and deliverables to address care delays. 	<p><u>12-Week MH & LD Improvement Plan (Post-MADE Event)</u></p> <ul style="list-style-type: none"> • Weekly Task & Finish group concluded; plan signed off by all partners. • Delivery commenced end of September. <p><u>Social Services Allocation Improvements</u></p> <ul style="list-style-type: none"> • Weekly deep dives underway to drive targeted improvements. • Identified need for daily FAC Panel in Swansea and proportionate assessment application in NPT/Gorseinon Hospital.
<p>Integrated Services Review – including D2RA Processes</p>	<p>The Intermediate care service review working group aims to Reimagine Intermediate Care Services by Conducting a comprehensive review of community services (Health and Social Care Services, this will help us to:</p> <ul style="list-style-type: none"> • Identify services that can support hospital avoidance. • Improve patient flow by • Minimise a person's stay in the hospital once they are well enough to be discharged. • Address the lack of a clear, simple process for the whole system. • Develop and improve the trusted assessor model. • Address 7-day working across the system, which are causing delays in discharge. • Meet target flow and length of stay measures. 	<p>The programme is progressing across four key workstreams aimed at establishing a sustainable ID2RA hub and improving discharge pathways:</p> <p><u>Establishing the Interim ID2RA Hub</u></p> <ul style="list-style-type: none"> • Significant progress made in identifying the resources required to operate the interim hub. • Key achievements include: <ul style="list-style-type: none"> ▪ Development of a new SOP covering both front and back door processes. ▪ Agreement on a new data collection framework and KPIs to measure volume, efficiency, and impact. ▪ Completion of a needs assessment to define essential resources. ▪ Feedback provided to Directors regarding the requirements for a full multi-disciplinary team (for discussion at C&OP Board on 23 Sept). <p><u>Trusted Assessor Model Development</u></p> <ul style="list-style-type: none"> • Professionals identified to undertake the Trusted Assessor role; training programme in development. • Trusted Assessor Form approved by C&OP Board.

		<ul style="list-style-type: none"> • Urgent updates agreed regarding RRR and 'On Hold' status. • Discussions underway with digital colleagues to implement the form electronically. <p><u>Policies, Procedures & Communications</u></p> <ul style="list-style-type: none"> • Draft documents under review for final sign-off, including Overarching discharge policy and Patient choice and discharge guidance • All documents targeted for ratification in October 2025. • P&P Subgroup now aligned with HB's Board Round Review Group to ensure regional integration. <p><u>D2RA Pathway Redesign</u></p> <ul style="list-style-type: none"> • Focused on developing a centralised Trusted Assessor pathway and redesigning the medical model at NPT Hospital. • Includes creation of a Pathway 2 bed pool to support the new model.
<p>Communities and Older People Aging Well Strategy: “Stronger for Longer”</p>	<p>The aim of this strategy is to unlock the potential of the communities within the West Glamorgan region to support this cohort of individuals to gain knowledge of what is available to them to help them to maintain a level of wellbeing and independence wherever they live.</p> <p>This strategy will help steer the work of the Communities and Older People Programme and help focus the work on the most urgent priorities</p>	<ul style="list-style-type: none"> • Engagement with the community has been undertaken to gain the knowledge required to complete a purposeful strategy for the region. • A vision and themes have been agreed. • Draft document to be shared with the Communities and Older Peoples Board by end Oct 2025
<p>Unscheduled Care Board</p>	<p>The UEC board is focused on creating a clear workstream group with defined aims and objectives, aligning with strategic priorities, and providing updates on the UEC work through presentations and reports. The board also addresses funding and performance</p>	<p>The UEC programme continues to deliver across multiple workstreams aligned with Ministerial Priorities, GIRFT, and E/6G initiatives. Summary reports on all UEC activity are available upon request.</p> <p>Key Work Areas and Progress</p>

	<p>monitoring issues related to urgent and emergency care.</p> <p>The UEC board updates the C&OP board to keep everyone informed about ongoing work and prevent duplicated efforts or resources.</p>	<ul style="list-style-type: none"> • Ambulance Patient Handover & ED Quality <ul style="list-style-type: none"> ○ Linked to the 45-minute handover target. ○ Event held on 12 September 2025 supported by the 4S Handover Taskforce (WG/NHS Executive). • Acute Front Door Frailty Service <ul style="list-style-type: none"> ○ OPAU now operational. ○ National focus on expanding to 7-day provision with direct pathways and roving frailty teams supporting SDEC and SPOA. • SPOA for UEC <ul style="list-style-type: none"> ○ Front-end triage and signposting to implement 'call before convey'. ○ Builds on SDEC and WAST stack review with co-located MDTs. ○ Funding secured to support staffing (initially via overtime) with aspirations for 7-day coverage. • Optimal Hospital Flow <ul style="list-style-type: none"> ○ National framework rollout includes SAFER Board rounds, R2G, D2RA pathway updates, and deconditioning prevention. ○ Project group formed to reinvigorate previous efforts and improve data capture. • Community-Based Falls Response <ul style="list-style-type: none"> ○ Funding secured until end of financial year. ○ Procurement underway (St John Ambulance with first aiders). ○ Lifting cushions distributed to care homes. ○ Exploration of enhanced therapies to support Level 2 falls service. • High Intensity Users at Front Door <ul style="list-style-type: none"> ○ Funding secured to support officer role at front door.
--	--	--

		<ul style="list-style-type: none"> ○ Focus on identifying frequent attenders and developing alternative pathways. <hr/> <p>PDSA Activity – MGH (Anglesey Ward)</p> <ul style="list-style-type: none"> ● Improvements include: <ul style="list-style-type: none"> ○ Streamlined ED and AMU assessments. ○ Enhanced specialty access and response. ○ Increased SDEC capacity including '1-day SDEC'. ○ Criteria-led discharge and 'Your Next Patient' initiative. <p>Impact:</p> <ul style="list-style-type: none"> ○ Ambulance handover delays <45 minutes improved by 155% ○ Average handover time improved by 82.2% ○ ED breach reduction of <63% (Source: Joint Commissioning Committee)
--	--	--

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Carers Partnership Board	Strengthening Communities	<ul style="list-style-type: none"> Community Based Care – Prevention and Community Coordination (MC1) Community Based Care – Complex Care Closer to Home (MC2) Promoting Good Health and Wellbeing (MC3) Home from Hospital (MC5) 	Gaynor Richards

Overview of the Programme

The Regional Carers Programme one of six population boards sitting within the West Glamorgan Region. The Programme oversees the implementation of the Regional Carers Strategy which was coproduced with unpaid carers across the region and launched in April 2023.

The vision of the Carers Strategy represents the future we aspire to, where we recognise the contribution of unpaid carers to our society. The Strategy aspires to build upon previous successes and make changes where needed to transform services, enabling unpaid carers across the region to have fulfilling lives based on what matters to them. We plan to do this by actively identifying unpaid carers, to listen, respect, and properly support unpaid carers to not just continue their caring role but to enable them to have fulfilling lives.

We are refreshing the current Strategy for post April 2026, to refocus efforts across the region and ensure we are meeting the needs of unpaid carers.

Workstream	Brief Description of Workstream	Progress to Date
Access to Services	<p>Learning from feedback from the 24/25 Short Breaks Grant Scheme, continue to review and further transform the current respite/ short breaks provision across the region,</p> <p>Undertake research to understand the respite provision on offer across the country and compare this to the regional offer.</p>	<p>The Short Breaks Grant Scheme remains an integral part of the Programme. Unpaid carers consistently state that a break from caring is a key priority to maintaining their wellbeing and their ability to continue to care.</p> <p>Feedback from the grant offered in 24/25 has been considered and slight amendments made to the process for 25/26.</p> <p>Respite – requires a scoping exercise in 25/26 to understand the remit and expectations.</p>
	<p>Develop guidance for employers across the region to raise awareness of the needs of unpaid carers in the workplace and offer practical solutions for how they can support them.</p>	<p>The Programme Lead and Transformation Manager have met with Martin Nichols, Chief Executive of Swansea Council, who has put his organisation forward as a Champion for this priority. Swansea councils are in the process of developing a ‘Spotlight on Carers’ package of materials which will be tested internally before being shared with other employers across the region. Work is underway with other Partners to enhance support to working unpaid carers. The aim is to develop a bank of materials which can be made available to large or small employers across the region to raise awareness of the issues and challenges unpaid carers face in the workplace, suggest ways in which employers can</p>

		<p>support staff with caring responsibilities and signpost staff to the right support services.</p> <p>A pilot is under way in the Upper Valleys. Pharmacies have all received ‘Care Aware’ training and materials are being produced which will raise awareness of the role of unpaid carers and sign post them to support services. Once the Pilot is completed, the approach will be rolled out across all Pharmacies in the Upper Valleys Cluster and the Optometrists Collaborative. It has been noted that costs for printing of future materials (post pilot phase) will not be met by RIF monies.</p>
<p>Information, Advice, Assistance & Awareness including Comms & Engagement</p>	<p>Ensure accurate and high-quality information, advice and assistance (IAA) (MC1) by developing an unpaid carers handbook. The handbook will compliment similar resources which are on offer via national organisations and will be offered to unpaid carers (in the 1st instance) when they become unpaid carers for the first time, usually in a hospital setting).</p>	<p>Work is underway to map out the information needed in a carers handbook and which form this should take (digital or digital and physical).</p> <p>A leaflet has been produced to be shared with unpaid carers in hospital settings which will provide high level IAA and signpost carers to where they can access further support. This needs to be taken through the relevant channels for approval.</p> <p>This approach will need to be piloted.</p> <p>Regional digital pages are available which offer high level IAA and signposting. These pages will continue to be developed and promoted to link unpaid carers with services across the region.</p> <p>Carers will have their own space on the regional Sorted; Supported web platform in due course.</p>
	<p>Raise awareness of the essential role of carers across the region, including the challenges and issues facing carers today (MC3).</p>	<p>The Unpaid Carers event held on 18th September 2025 at the Swansea.com Stadium brought together carers, professionals, and community partners to explore how to turn vision into action for unpaid carers across the region. The event featured a range of breakout sessions, including “Bridging the Gap,” which focused on understanding barriers faced by young carers—many of whom may not recognise themselves as carers. Discussions highlighted the need for improved identification, support, and awareness, especially within education and health settings. Attendees shared insights on the emotional and practical challenges carers face, and the importance of co-produced solutions that reflect lived experience.</p>

		<p>Feedback from the event emphasised the value of networking opportunities and the visibility of local resources through information stalls. Carers appreciated the chance to connect with others in similar roles and to contribute to shaping future service delivery. The event also reinforced the importance of regional collaboration and the role of the Carers Partnership Board in driving forward meaningful change. The atmosphere was described as inclusive and energising, with a clear commitment from all involved to continue building a system that recognises, supports, and empowers unpaid carers across West Glamorgan.</p>
<p>Future Funding for Unpaid Carers</p>	<p>Develop a revised approach to the current funding (commissioning model) which will be developed in line with lessons learned from the EWMH Programme: New Commissioning Workstream lessons learned.</p>	<p>This is on hold for the moment to enable learning from the EWMH Programme.</p>

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Dementia	<ul style="list-style-type: none"> Transforming Mental Health Services 	<ul style="list-style-type: none"> Community Based Care - Prevention and Community Coordination Promoting good emotional health and wellbeing Complex Care Closer to Home 	Stephen Jones

Overview of the Programme

The vision for the Dementia programme is that people with dementia and their carers can access the services and support when, where and how they need it across health, social care and voluntary services. The focus of the programme is the implementation of the 20 All-Wales Dementia Standards. The All-Wales Dementia Care Pathway and Standards were published in 2021 following extensive engagement with 1800 individuals living with dementia, unpaid carers, voluntary organisations and health care professionals across Wales.

The work has been led by Improvement Cymru as part of the Dementia Care Programme and directed by the requirements of the Dementia Action Plan for Wales, overseen by the Welsh Government Dementia Oversight Implementation and Impact Group (DOIIG)

The pathway includes 20 standards that represent what people believe will make a positive difference to dementia care in Wales. The standards sit within four themes: Accessible, Responsive, Journey, Partnership & Relationships.

Workstream	Brief Description of Workstream	Progress update – 22 nd August – 3 rd October
Regional Strategy, Community and Connectors	<ul style="list-style-type: none"> Review the feedback from the two pilot areas of the local listening campaigns carried out in 24/25. Carry out engagement for a regional strategy that will inform the priorities for people with dementia and their carers Produce resources on brain health and modifiable risk factors for circulation Development of a network of organisations that support people with a Dementia diagnosis to be involved in future coproduction opportunities Continue to pilot the role of Dementia Connector across the region to support people to make the connections into services that help with their health and wellbeing. Continue to build links with community groups that can support individuals with a dementia diagnosis 	<ul style="list-style-type: none"> Additional copies of the Brain Health Booklet to be printed and distributed across the region Easy read version of the booklet also in development QR code for online version of the booklet to be distributed to partner comms teams and easy read version in development; also looking at providing copies in different languages Virtual Network has been set up – 30 organisations signed up so far NHS Exec Performance and Improvement Team running a showcase event on the 12th of February in Cardiff, each region will have a space to demonstrate best practice and learn from other regions Welsh Government consultation on next Dementia Action Plan to be circulated before Christmas Regional Strategy engagement questionnaire ready for circulation Planning for regional engagement event in progress

	<ul style="list-style-type: none"> Facilitate a lesson learnt exercise on the Dementia Connector pilot (March 2026) 	
Memory Assessment	<ul style="list-style-type: none"> Develop a Memory Assessment Pathway and Standard Operating Procedure for all staff to follow Work with teams to ensure people with Learning Disabilities have access to the Memory Assessment Service. Implement a process to ensure individuals that have received a diagnosis is referred to a Dementia Connector immediately 	<ul style="list-style-type: none"> Proposal being developed to commission external agency to deliver the revised pathway and standard operating procedure, utilising current unallocated funding (ring fenced) Swansea University are working with the Dementia Hwb on the demand for a dedicated MCI clinic for the region SBUHB clinics have been involved in the Memory Assessment toolkit pilot Area 4 has completed a piece of work on quality improvement on post diagnostic support that will be scaled up Continuing to respond to the requirements of the National Dementia Audit
Hospital Charter	The charter will be publicised in each hospital across the region demonstrating how the health board have promoted a person-centred, rights-based approach.	<ul style="list-style-type: none"> No update

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Wellbeing and Learning Disability	Transforming Complex Care	<ul style="list-style-type: none"> • Community based care –prevention and community coordination (MC1) • Community based care – Complex Care closer to home (MC2) • Promoting good emotional health and wellbeing (MC3) • Home from Hospital (Home First) (MC5) • Accommodation Based Solutions (MC6) 	Amy Hawkins

Overview of the Programme

The Wellbeing and Learning Disability Programme is one of six population boards sitting within the West Glamorgan Region and is underpinned by its recently launched five-year regional co-produced Learning Disability Strategy. The West Glamorgan Regional Partnership Board ratified the strategy on the 12th of December 2023. The Strategy is broader than RIF, with RIF enabling system change alongside supporting changes in core service delivery.

Vision Statement “In the West Glamorgan Region, people with a learning disability have the right support to make their own choices to achieve a happy, healthy life that is meaningful to them. They have opportunities to learn, work and actively contribute to their communities”

The Wellbeing and Learning Disability Programme aspires to build upon previous successes and make changes where needed to transform services, enabling people with learning disabilities to have fulfilling lives based on what matters to them. We plan to continually learn from those with learning disabilities throughout the lifetime of the strategy.

Workstream	Brief Description of Workstream	Progress Update - 22 nd August – 3 rd October
Transport	<ul style="list-style-type: none"> • Workshop coproduced held in 2024 to review what transport issues people with learning disabilities are impacted by across the region and what can be done to make transport better 	<ul style="list-style-type: none"> • No update – work has now completed and workstream is closed • Meeting with Ken Skates MS cancelled by his office, due to this being the 3rd cancellation discussion on whether to continue to pursue being taken to next board meeting
Getting the Right Care and Support	<ul style="list-style-type: none"> • Review the easy read information available to help people with a Learning Disability access to health and social care services • Continuation of people with a Learning Disability being fully involved in developing their care and support plans, as required under the SSWB (Act) 2014 • Work with people with learning disabilities on what support they want to receive at a community-based level, including how and when it should be provided 	<ul style="list-style-type: none"> • Easy read group have held first meeting, the group have discussed the scope of the work including barriers to communication and the desired outcome of the project • The group is chaired by a person with learning disabilities and has good attendance from people with lived experience and third sector organisations

	<ul style="list-style-type: none"> • Increase the number of people with a Learning Disability received an annual health check 	
My Community	<ul style="list-style-type: none"> • The scope includes developing an approach to help support people who use social care support to work with others around them to maximise their wellbeing and to build capacity in the communities in which they live, helping them to be more health, social, confident, skills and valued. • It will reduce paid care as people living within supported living provision will be accessing resources and participating within their local community, rather than being passive recipients of paid care • Methodology used will be recorded to enable other supported living providers to implement the approach within their organisations 	<ul style="list-style-type: none"> • Working group comprising of third sector supported living providers and Swansea officers have met to develop the scope of the project. The work is user led. • Killay, West Cross and Fairwood network meet monthly and are developing a locality plan, the group of 57 residents have identified activities and outcomes they wish to work • Friends United Together is a direct payment cooperative who manage the support they are using • Better Together NPT held an event in 2024 and are in the process of organising Wellbeing Taster Days to widen out the range of activities that they run
Making my own decisions and having my say	<ul style="list-style-type: none"> • Ensure people with learning disabilities and their families have a meaningful voice in decisions that affect them. • Ensure involvement in the Wellbeing and Learning Disability Board by making them accessible • Development of a network of organisations that support people with Learning Disabilities to ensure future coproduction opportunities are available to access 	<ul style="list-style-type: none"> • Continuing to provide information in an accessible format as possible • Sorted Supported website is continuing to develop easy read pages in their website

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Emotional Wellbeing and Mental Health	Transforming Mental Health Services	<ul style="list-style-type: none"> • Community Based Care – Prevention & Community Coordination (MC1) • Promoting Good Emotional Health & Wellbeing (MC3) • Accommodation Based Solutions (MC6) 	Karen Stapleton

Overview of the Programme

The Regional Emotional Wellbeing & Mental Health Programme oversees the implementation of the Regional Emotional & Mental Wellbeing Strategy which was endorsed in April 2023.

Vision Statement

To have vibrant, diverse, and individually focussed services which promote emotional and mental wellbeing, are delivered and commissioned in a dynamic and integrated way, adopting innovative models and promoting the strengths of communities to improve the lives of those in the region.

The Aims are:

- To focus and promote emotional and mental wellbeing (rather than illness)
- To enable communities to generate solutions for themselves, work from their strengths supported within a dynamic multiagency environment.
- To truly join up commissioning and provision of services to support service design around the individual not the organisation.
- To work to a common set of values and service model principles which permeate everything we do and the way that we do it.
- To underpin this with a good understanding of the need supported by granular data/information.
- To develop and deliver services which are supported by the evidence and ensure that there is a strong underpinning emphasis on research and development within the Region to add to the evidence base.

Workstream	Brief Description of Workstream	Progress to Date
Joining it Up: New Commissioning Model	<p>Develop and enhance prevention and low-level support services for people with Mental Health (MC1) by moving to a transformative Joint Commissioning model for Voluntary Sector mental health and wellbeing services which will be ready to be implemented in April 2027:</p> <ul style="list-style-type: none"> - Coproduce outcomes for People with Lived experience via a series of workshops and engagement activities which will determine ‘What Matters to me?’ - Begin to codesign and commissioning model (with People with Lived Experience and the voluntary Sector) which will meet the outcomes of those who will access services and 	<ul style="list-style-type: none"> • We have produced a ‘What Matters to Me?’ document which pulls together all the information we have gathered to date from a plethora of events/ engagement activities. • The ‘New Commissioning Model’ workstream formed in Spring 2024 and undertook an options appraisal of a number of commissioning models. The workstream recommended that the Alliance Model was adopted as the new commissioning model. This decision was approved at Programme Board and endorsed at SAB2 in October 2024. • Following this endorsement, the Third Sector, via the two CVS organisations requested that the work be placed on hold, and a step back be taken to ensure Providers are considered in the conversations

	<p>the operational needs of organisations delivering the services</p>	<p>as they would be the parties delivering the services as part of a new model. This request was upheld.</p> <ul style="list-style-type: none"> • A considerable amount of work has been undertaken with the third sector and a way forward was agreed, however due to the outcomes of a report into mental health services by the Health Board, and the new all Wales Mental Health Strategy, this workstream has been paused to ensure we realign the regional and national Programmes with the priorities in health and social care services. • Mapping of the way forward is underway and the outcomes of this is likely to impact the delivery plan for the regional programme from Autumn 2025.
<p>Cementing it Together: Improving Access to Services (including Comms & Engagement)</p>	<p>Promote the preventative mental health services for Adults (MC1) by continuing to grow Sorted:Supported website as a source of information, advice and signposting for both professionals and people with lived experience.</p> <p>The second element is about creating a model incorporating the 'No Wrong Door' and Single Point of Access principles. This workstream will improve the 'First Contact, Right Response' approach across the region, focusing on responding to individual needs.</p>	<ul style="list-style-type: none"> • This website is being widely used across the region www.sortedsupported.org.uk, and is a comprehensive mental health and wellbeing resource for adults living in region. It offers guidance, self-help tools and information on local services to support emotional wellbeing. • Further developments are planned to expand the site to include specific topics such as 'support for unpaid carers and learning Disability focussed pages. • There is a comms plan for socialising the web pages, this is being managed by Swansea Council for Voluntary Services. • 6,300 social media views, 8,108 page views and has 4,200 active users. The most visited pages are the Home page, "What is in Swansea and Neath Port Talbot for Me", and "Men's Mental Health". • All GP Cluster Practices have been introduced to the website and provided with physical and digital resources. Usage data shows 63% access via desktop and 34% via mobile. We continue to develop the site based on user feedback and are working to improve visibility and expand resources in line with ongoing engagement. • No Wrong Door: The Children and Young People's Board is in the advanced stages of developing a single point of access model for emotional wellbeing and mental health support, based on the well-

		<p>established and effective SPACE model (Single Point of Access for Children) which is well established in Gwent.</p> <ul style="list-style-type: none"> • The redesign of the Programme, following the publication of the all-Wales Mental Health Strategy and the review of mental health services by the Health Board will impact the 'Access to Services' delivery plan. This will be revised in Autumn 2025.
	<p>Develop a unified theoretical 'Wellbeing Framework', delivered in partnership with WGLAM RPB, Swansea University, Swansea Bay University and Public Health Wales. Theory and model written up and submitted for publication.</p> <p>Develop an accessible version of the Wellbeing Framework through an animation to share with stakeholders and the communities we serve. This will involve co-production with key stakeholders across the life span.</p> <p>The Wellbeing Framework will begin to develop and improve access to services across the region, clarifying pathways and entry points. (MC3)</p>	<ul style="list-style-type: none"> • This is reaching completion and will be shared at the next EWMH Board in Autumn 2025.
<p>Filling in the Gaps; Community Psychology</p>	<p>Further develop and enhance Mental Health links into the Cluster Networks (MC1) by supporting the roll out of the Community Psychology model and the Cwmtawe Cluster Model.</p>	<ul style="list-style-type: none"> • The Community Psychology approach is being developed as a key part of the Emotional and Mental Wellbeing Strategy, focusing on joined-up, preventative support rooted in the needs of communities. It brings a psychological understanding into community settings and multi-agency work. • Community psychology is designed to identify and respond to unmet need before it escalates. It focuses on prevention, early intervention, and systemic change, rather than waiting for problems to become acute (in contrast many of our other services are responding to known need) • Expanding Reach: Community Psychologists now in Cwm Tawe, Bay, and (since Mar 2025) Upper Valleys clusters • Enhancing Psychological Understanding of Communities to Inform Commissioning Community psychologists begin by undertaking in-depth scoping work

		<p>to build a psychological understanding of the communities within their respective clusters.</p> <ul style="list-style-type: none"> ○ Cluster-Based Interventions: Cwm Tawe Cluster: <ul style="list-style-type: none"> - Supporting child development and emotional regulation with Early Help Hub and Adenydd - Working with safeguarding, police, schools (Birchgrove, Trallwn), DECLO, and third sector ○ Bay Cluster: <ul style="list-style-type: none"> - Parent-infant mental health intervention and workbook (currently training partners to delivery this); Substance misuse access project; Trauma-informed Community intervention (training local partners to deliver); Early Help Hub psychology consultations (x 3 hours a month for staff)
<p>Understanding Data and Evaluation</p>	<p>Ensure that planning is based on accurate data collection and demographics (MC3) by developing a regional Data Framework that combines population-level data with community insights which will create a more comprehensive understanding of unmet need, helping to inform strategic commissioning.</p> <p>A light touch review of the PNA will be delivered in 25/26 with a fully revised chapter developed for 2027.</p>	<ul style="list-style-type: none"> ● Established Dec 2024 in partnership with Swansea University and Public Health Wales ● Co-funded PhD researcher appointed to support regional evaluation ● Focus on shared evidence base across services, with broader value beyond this programme ● Developing an approach to get localised data about our communities <ul style="list-style-type: none"> ○ In the early stages of working with university and public health colleagues to establish an approach to get more granular data about the wellbeing of our neighbourhoods and communities. ○ Investment discussions underway to take this forward ● Strengths-Based Wellbeing Framework: The wellbeing framework defines the core components of emotional and mental wellbeing, giving us a clear, evidence-based foundation for the strategy. It creates a shared understanding across sectors, helping us align efforts, make informed decisions, and move towards a strengths-based approach. It will inform our approach to commissioning and help inform what data we need to understand our population. <ul style="list-style-type: none"> ○ The work carried out in this workstream will inform work within the CYP, Community and Older People workstream

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Children and Young People	Transform complex care	<ul style="list-style-type: none"> • MC1: Community Based Care – Prevention and Community Coordination • MC 3: Promoting good emotional health and well-being • MC 4: Supporting families to stay together safely, and therapeutic support for care experienced children • MC 6: Accommodation Based Solutions 	Keri Warren

Overview of the Programme

Our vision as outlined in the Business Case from 2022 for this programme is that West Glamorgan will support children and young people to be safe, healthy and prosperous.

The Children and Young People [CYP] Programme covers the services and support for people who are under the age of 18 (supporting children and young people to 25 with Additional Learning Needs-ALN). This programme focuses on:

- Emotional wellbeing of children and young people including behavioural support.
- Children and young people who require specialist support from health and social care, such as children who are looked after or at risk of being looked after by the local authority and children and young people with complex needs such as mental health conditions, learning disabilities or illness.
- Supporting children and young people who receive services and support as they transition into adulthood, where they may receive a different type of service as an adult.

To achieve this, we will need to work closely with CYP, their carers, their families, local communities and other important stakeholders such as Education in order to hear the ‘voice of the child’ and understand their rights/needs and what matters to them, in order to co-produce services and support that will meet those needs.

An underlying principle of this work is to follow a ‘whole systems approach’ to change across health and social care services for children and young people (covering statutory and voluntary sectors).

Workstream	Brief Description of Workstream	Progress to date: September 2025
CYP Emotional Well Being and Mental health	<p>Improve access to Emotional Wellbeing and Mental Health support for children and young people including behavioural support through the development of a multi-sector multi-disciplined single point of entry/access for CYP emotional health and wellbeing to implement a No Wrong Door approach.</p> <p>Implement Welsh Government NYTH/NEST framework <u>NEST framework (mental health and wellbeing) GOV.WALES</u> .</p>	<p>No Wrong Door: Project proposal and request for RIF funding from regional Emotional Well Being and Mental Health Programme approved through Governance. In process of gaining sign off for advertisement of role.</p> <p>Workshop held (17/9/25) to gather evidence of implementation of Principles in action. Case studies of NEST in action requested from partners across health, education, social care and RIF funded projects. Writing draft self assessment – reviewing RIF funded projects Quarter 2</p>

	Undertake a review of the tidy.minds website	returns to gather evidence of NEST in action across RPB Programmes that support children. Young people and families. On track to submit to Welsh Government 13 th October noting not official sign off until CYP Programme Board 4 th November.
Transition from Child to adult services (CYP Complex Care).	Further develop regional approach to Transition (from Child to adult services, CYP Complex Care) by implementing the Regional Principles and Standards developed 2024. Develop guidance for children, young people and professionals across the region to raise awareness of multi-agency transition process.	Workshop held 26/9/25. Prioritisation complete (long term and short terms goals identified).
CYP Accommodation	Develop and deliver new regional and local accommodation models for safe, secure accommodation and wrap around support for Children and Young People with complex needs, with a focus on prevention and early intervention. (MC 3, 6)	In process of drafting business case: to include draft costings of model for the proposed regional complex needs accommodation, involving social care, health, and education, and coordinate. Scheduling a discussion to secure partner agency commitments before progressing.
Children's Services Review	Focused on strengthening multi agency complex needs panels for CYP to ensure that they function effectively and efficiently. The review aims to tighten how these panels operate, this involves improving early communication, ensuring the right people are present at meetings, and having decision-makers or those who can quickly escalate decisions involved to avoid delays, especially in crisis situations. The goal is to strengthen governance and expedite decision-making processes to provide timely and appropriate care.	Workshops held to review Multi-Agency Panels and Governance for CYP Complex needs. A draft Standard Operating Protocol is progressing well and is on track to submit to the CYP Programme Board 4 th November for endorsement.

<p>CYP Participation and Engagement</p>	<p>'Working together to include the voices of Children and Young People across West Glamorgan Regional Programmes': undertake engagement with children, young people, parents and carers on the priorities of Children and Young People Programme will ensure the voices of Children and Young People, Parents, Carers, Families, guardians and others are considered and heard (MC 3)</p>	<p>Work underway to plan engagement in the World Mental Health Day event 10th October.</p>
<p>Prevention and early intervention</p>	<p>Review and improve models of care that wrap around families to keep families together. (MC4)</p> <p>Continue to identify and implement transformative prevention and early intervention services (MC1, 3, 4)</p>	<p>Promotion of RIF projects continue and ongoing workshops/networking and gathering evidence of implementation to inform practice.</p>

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Neurodiverse Programme	Transform complex care	<ul style="list-style-type: none"> Community Based Care – Prevention and Community Coordination (MC1) Community Based Care – Complex Care Closer to Home (MC2) Promoting Good Health and Wellbeing (MC3) 	Julie Davies

Overview of the Programme

The Neurodiverse Programme (ND) has been established to ensure that people with neurodevelopmental disorders have access to the services and support they need to participate fully within their communities and live fulfilled lives regardless of an assessment or diagnosis.

Partners have agreed to develop a co-produced Neurodiverse Strategy which is focussed on the needs of people (including children and young people) with ND regardless of assessment.

The strategy development will take a needs-led, person centred approach to supporting individuals (including families) who are neurodiverse in our communities to live their best lives. This will include:

- a system shift towards building community resources.
- implementing an inclusive approach to neurodiversity.
- focus on a need led approach which is not based on an assessment or confirmed diagnosis.

Workstream	Brief Description of Workstream	Progress to Date
Neurodiverse	Implementation of Welsh Governments Autism Code of Practice	WLGA presented schedule for the transition to Neurodiverse Code of Practice noting no further progress until after election.
	Coproduce, develop a plan and implement a programme that increases opportunities for neurodiverse individuals to be involved in their local community (MC3)	In response to the ND funding cuts to the RPB, planning underway to facilitate a shared workshop bringing together the ND Board and the strategy group to discuss what can be achieved with current resources and to reaffirm the regional commitment to change via the strategy development (11 th November).
	Review and develop local groups that support social interaction for neurodiverse individuals	No Update
	Develop and enhance the availability of preventative services that would enable autistic people in their daily lives (MC1)	
	Codesign and develop a regional Neurodiverse Strategy with people with lived experience.	No Update

	Establish ND Liaison Network to ensure the work of the region is co-produced (enabler) (MC3)	Not yet started.
	Refined information management to strategically support demand and capacity modelling (Enabling Digital Programme)	Further facilitation of shared learning with other RPB/Health Boards (Denbighshire, North Wales) on West Glam best practice examples of reviewing data and waiting lists and integration within our Governance structures.

Programme	Area Plan Priority	Models of Care Supported	Programme Lead
Regional Commissioning Programme	Transform complex care	All	Marie Davies

Overview of the Programme

The programme has been designed to develop a partnership-led approach to commissioning across MH/LD, older adults and children's services. The purpose of the programme is to:

- Improve outcomes for citizens with complex needs
- Develop consistent, region-wide commissioning processes
- Strengthen partnership working

All population cohorts receiving a commissioned package of care will be included in this work prioritised in 3 stages:

1. Mental Health/Learning Disabilities
2. Older Adults
3. Children and Young People

Workstream	Brief Description of Workstream	Progress to Date
Joint Working Workstream (MH/LD)	Development of a joint working protocol to support and enable joint working between partners (LA and Health) in learning disability and mental health teams. It will include: <ul style="list-style-type: none"> • Inter-agency dispute policy • Joint funding split • CHC (Continuing Healthcare) process for partners to follow • Joint funding arrangements and process • Regional brokerage and monitoring of packages of care • DST tracker monitored at a regional level 	Agreed to create this workstream on 16 th September at Regional Commissioning Board, this needs approval through the Steering and Advisory Boards
Commissioning Specification & Accommodation Plan (MH/LD)	Define service models, capacity/demand and market approach to delivery of accommodation services for people with Learning Disabilities/complex needs and Mental Health. Priorities include: <ul style="list-style-type: none"> • Closer to home (repatriation) • Specialist MH/Dementia nursing provision 	Agreed to create this workstream on 16 th September at Regional Commissioning Board, this needs approval through the Steering and Advisory Boards

	<ul style="list-style-type: none"> • Expansion of shared lives • Cross boundary voids and matching • Expansion of shared lives project 	
Market Stability Report	<p>A Market Stability Report (MSR) in Wales is a strategic assessment of the social care market, required by the Social Services and Well-being (Wales) Act 2014. It evaluates whether the care and support market in a specific region can meet current and projected needs, assessing both the stability and sustainability of services like care homes and home care. These reports help local authorities and health boards plan and commission services by identifying gaps and risks, and they include an analysis of current supply, future demand, and potential issues.</p> <p>Reports are required every five years, the next report is due in 2027</p>	<ul style="list-style-type: none"> • Agreement on template for partners to use • Agreement on data sets • Agreement on quality metrics • Development of provider questionnaire • First data gathering exercise is being undertaken for April to Sept to evaluate data sets with feedback due in November