



**West Glamorgan  
Carers Liaison Forum**

# Cost of Living Support for Carers in Neath Port Talbot

## **Warm Wales**

The team provide energy advice and manage the NPT Hardship Relief Scheme which can help fund boiler and home repairs, white goods and help with energy bills if you are struggling. Call **0800 0911786** or email **hhhp@warmwales.org.uk**

## **Benefits and Financial Support**

Get a benefits check to ensure you receive what you're entitled to. Neath Port Talbot Carers Centre can help with advice on how to do this. Call **01639 642277** or email **information@nptcarers.org.uk**

## **Fuel Support Scheme 2022-2023**

Eligible households can claim a one-off £200 payment to provide support towards paying their winter fuel bills. All applications must be received before 28th February 2023.  
**www.npt.gov.uk/31133**

## **Welsh Water**

Welsh Water has a number of ways they may be able to help you and make your bills more affordable. Contact them on **0800 0520145**

## **NEST Wales**

Free, impartial advice and, if you are eligible, a package of free home efficiency improvements  
Contact them on **0808 8082244**

## **Carers Support Fund**

The Carers Support Fund provides a grant of up to £300 to support unpaid carers who are experiencing financial hardship. Visit **www.nptcarers.co.uk**, call **01639 64277** or email **grants@nptcarers.org.uk**

## Useful links and phone numbers

### Neath Port Talbot Carers Service

✉ [information@nptcarers.org.uk](mailto:information@nptcarers.org.uk)

☎ 01639 642277

🌐 [www.nptcarers.co.uk](http://www.nptcarers.co.uk)

### Neath Port Talbot Young Carers Service

✉ [j.davies@npt.gov.uk](mailto:j.davies@npt.gov.uk)

☎ 01639 763030

🌐 [www.npt.gov.uk/26789](http://www.npt.gov.uk/26789)

### Carers UK

✉ [advice@carersuk.org](mailto:advice@carersuk.org)

☎ 0808 808 7777

🌐 [www.carersuk.org/help-and-advice](http://www.carersuk.org/help-and-advice)

### Citizens Advice

🌐 [www.citizensadvicesnpt.org.uk](http://www.citizensadvicesnpt.org.uk)

☎ 0808 278 7926

✉ [help@citizensadvicesnpt.org.uk](mailto:help@citizensadvicesnpt.org.uk)

### Neath Port Talbot Council Cost of Living Help webpage

🌐 [www.npt.gov.uk/33338](http://www.npt.gov.uk/33338)

### Welsh Government Cost of Living Help webpage

🌐 [www.gov.wales/help-cost-living](http://www.gov.wales/help-cost-living)

### Warm Hubs

🌐 [www.NPT.gov.uk/34533](http://www.NPT.gov.uk/34533)



For more  
advice and  
information  
on the Cost  
of Living,  
scan the  
above QR  
code or visit  
[www.nptcvs.  
wales/carers](http://www.nptcvs.wales/carers)