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Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Tracy Myhill**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 20th October 2020
Ein Cyf / Our Ref: 20-I-027

01639 648363

FOIA.Requests@wales.nhs.uk

[Redacted]

Corporate Services
Headquarters
1 Talbot Gateway
Baglan
Port Talbot, SA12 7BR

Dear [Redacted],

I refer to your Freedom of Information Act Request acknowledged by ourselves on 29th September 2020. Your request sought information relating to Binge Eating Disorder.

1) Does the Health Board provide treatment for patients assessed as meeting diagnostic criteria for Binge Eating Disorder (BED)?

a) For under 18s

Not applicable. I can confirm that Cwm Taf Morgannwg University Health Board hosts the Child and Adolescent Mental Health Service (CAMHS). This service provides specialist mental health services to children and young people. CAMHS provides community mental health services for 1.2million people, covering the areas of Merthyr, Rhondda Cynon Taf, Cardiff and Vale, Bridgend, Neath Port Talbot and Swansea. Therefore, please contact the Information Governance Team at Cwm Taf Morgannwg Health Board, Ynysmeurig House, Navigation Park, Abercynon, CF45 4SN, Email: freedomofinformation@wales.nhs.uk, who will be able to assist you with your enquiry.

b) For 18+ year olds

No

If "no" to both a) and b) in question 1, please skip to question 7.

If "yes" to either a) or b) in question 1, please continue.



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

- 2) Which of the Health Board's services provide treatment specifically for Binge Eating Disorder (BED) (i.e. Weight Management Service, Primary Mental Health Support Service, Child and Adolescent Mental Health Service, Community Mental Health Team, Tier 2 or Tier 3 Eating Disorder service or otherwise)?
Please specify the names of all applicable services and their catchment areas.
- a) For under 18s
 - b) For 18+ year olds
- 3) If applicable, please describe any service restrictions/eligibility criteria around accessing treatment specifically for Binge Eating Disorder (BED) (e.g. age, weight/BMI, comorbidity, severity etc).
If the Health Board provides more than one relevant service, please list answers separately against each.
- a) For under 18s
 - b) For 18+ year olds
- 4) Please state the types of treatment provided by the Health Board specifically for Binge Eating Disorder (BED) (e.g. binge eating disorder-focused guided self-help, group eating disorder-focused CBT [group CBT-ED], individual eating disorder-focused CBT [individual CBT-ED]). *In the case of self-help, please clearly state whether this is guided or unguided. If the Health Board provides more than one relevant service, please list answers separately against each.*
- a) For Under 18s
 - b) For 18+ year olds
- 5) a) In 2019/2020 (the tax year) how many people on the caseload of the services specified in answer to Question 2 had been assessed as currently meeting diagnostic criteria for Binge Eating Disorder (BED)?
- i) For Under 18s
 - ii) For 18+ year olds
- b) How many of those in Question 5a have participated in a binge eating disorder-focused guided self-help programme as first-line psychological treatment?
- i) For Under 18s
 - ii) For 18+ year olds
- 6) a) In 2019/2020 (the tax year) how much funding was allocated to the treatment provided by the Health Board for eating disorders (any eating disorder diagnosis)?
- i) For Under 18s
 - ii) For 18+ year olds
- b) In 2019/2020 (the tax year) how much funding was allocated to the treatment provided by the Health Board specifically for Binge Eating Disorder (BED)?
- i) For Under 18s



ii) For 18+ year olds

Eating Disorder Service Review 2018

7) Please outline any specific plans the Health Board has made (including timelines), regarding implementation of recommendation 12 of the Welsh Eating Disorder Service Review 2018, following the letter sent to Health Boards on 25 September 2019 by the Minister for Health and Social Services.

The Health Board response to the Eating Disorder Service Review identified short, medium and long term goals. Assessment and treatment of Binge Eating Disorder was defined as a long term goal and would require significant investment.

Weight Management Services

8) Does the Health Board provide a Weight Management Service? If so, please state the name of the service and its catchment area.

Yes, the Health Board have a weight management service which provides a service for the residents of Swansea Bay area.

Swansea Bay Health Board is also commissioned to provide the Tier 4 Bariatric Service for Wales (Welsh Institute of Metabolic and Obesity Surgery) via Welsh Health Specialised Services Committee.

If "no" to question 8, there are no more questions. Thank you for your time.

If "yes" to question 8, please continue.

9) Does the Health Board's Weight Management Service routinely screen patients for Binge Eating Disorder (BED)?

No

10) Does the Health Board's Weight Management Service have dedicated Clinical Psychology input?

There is a limited funded psychology input for Tier 4 Weight Management patients. This post is currently vacant.

11) Is there a formal referral pathway/s in place between the Health Board's Weight Management Service and (if applicable) eating disorder service/s? If so, please state the names and catchment areas of the services that have such a relationship.

No - there is no formal referral pathway currently in place, but it is recognised as a gap in provision.



I hope this information is helpful. If you require anything further please contact us at FOIA.Requests@wales.nhs.uk.

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via FOIA.Requests@wales.nhs.uk.

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



Pam Wenger
Director of Corporate Governance

