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Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Tracy Myhill**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg ac yn y Saesneg. We welcome correspondence in Welsh or English.

Dyddiad/Date: 26th January 2021
Ein Cyf / Our Ref: 21-A-010

☎ 01639 648363
✉ FOIA.Requests@wales.nhs.uk

[Redacted]

Corporate Services
Headquarters
1 Talbot Gateway
Baglan
Port Talbot, SA12 7BR

Dear [Redacted]

I refer to your Freedom of Information Act Request acknowledged by ourselves on 6th January 2021. Your request sought information relating to perinatal mental health services.

- 1. How many referrals have there been to perinatal mental health services? Please break this information down by calendar year from the start of 2017 up to- and including 2020.**

Year	No of referrals
2017	1041
2018	1174
2019	1145
2020 to date	983

- 2. What provision is there for patients who need access to perinatal mental health services?**

Depending upon the specific presentation and level of need women can access one of, or a combination of, the following support services:

- Local 3rd sector organisations such as MIND and NSPCC interventions for mild/moderate conditions, APP (Action Post-partum Psychosis) for peer support, advice and family support for women experiencing post-partum psychosis.



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

- Community midwives and health visitors - including perinatal Mental Health champions within the generic workforce who have an enhanced level of perinatal mental health awareness training to support screening of needs and signposting to additional services.
- Specialist Health Visitor and Health Board led postnatal mental health and wellbeing groups
- Specialist Perinatal Mental Health Service - A community based Multidisciplinary Mental Health Team, providing assessment, care planning and interventions for women presenting, or at increased risk of presenting, with moderate to severe mental illness in perinatal period. This service also provides advice and consultation to professionals and services supporting women with mild/moderate presentations in perinatal period. The service also provides pre-conceptual advice for those with Severe mental illness / history of severe Perinatal illness i.e. post-partum psychosis.
- Women who require access to acute psychiatric inpatient care are able to access local acute inpatient hospital or more Specialist mother and baby Unit (Out of Area at present). This may also include access to the local Crisis and Home Treatment service.

I hope this information is helpful. If you require anything further please contact us at FOIA.Requests@wales.nhs.uk.

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request please contact me directly at the address below or register your complaint via FOIA.Requests@wales.nhs.uk.

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 029 2067 8400.

Yours sincerely



Pam Wenger
Director of Corporate Governance

