



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Emma Woollett**
Prif Weithredwr/Chief Executive: **Mark Hackett**

gofalu am ein gilydd, cydweithio, gwella bob amser
caring for each other, working together, always improving

Rydym yn croesawu gohebiaeth yn y Gymraeg neu'r Saesneg. Atebir gohebiaeth Gymraeg yn y Gymraeg, ac ni fydd hyn yn arwain at oedi. We welcome correspondence in Welsh or English. Welsh language correspondence will be replied to in Welsh, and this will not lead to a delay.

Cais Rhyddid Gwybodaeth / Freedom of Information request **Ein Cyf / Our Ref: 23-F-048**

You asked:

The request relates to children and young people that have Severe or Profound and Multiple Learning Disabilities (S/PMLD) and services provided by Child and Adolescent Mental Health Services (CAMHS) within your health board area.

S/PMLD may be defined within health as a Learning Disability (LD) and is defined on the NHS website as a person that:

- Has a severe learning disability and other disabilities that significantly affect their ability to communicate and be independent.
- Someone with a profound and multiple learning disability might have difficulties seeing, hearing, speaking and moving.
- They may have complicated health and social care needs due to these or other conditions.
- People with a profound and multiple learning disability need support to help them with some areas of their life, such as eating, washing or personal care.
- Lots of people with a profound and multiple learning disability can still be involved in decisions about themselves, do things they enjoy and be independent.
- Some people who struggle with talking might be able to use other ways of communication, like sign language, Signalong, Makaton, or digital systems like picture exchange communication systems (PECS)

Information Requested

For the years 2018, 2019, 2020, 2021, 2022:

1. Number of children / young people with S/PMLD referred to your service (CAMHS)
2. Of those referred, how many were offered an appointment with a mental health practitioner?



Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR / Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

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3. Of those referred, how many were diagnosed with clinical depression?
4. Of those diagnosed, how many were treated with medication to alleviate their symptoms?
5. Of those diagnosed, how many were referred for interventions (e.g., talking therapies / counselling)?
For this group intervention may take the form of advice to family and schools rather than direct therapy or a positive behavioural support plan.
6. Of those referred, how many were referred by person with parental responsibility, school, GP?
7. What is the average waiting time from referral to initial assessment?
8. What specific assessment tools are used by practitioners to assess the mental health needs of children and young people with S/PMLD?

Our response:

I can confirm that for the period specified, Cwm Taf Morgannwg University Health Board hosted the Child and Adolescent Mental Health Service (CAMHS) on behalf of SBUHB. This service provided specialist mental health services to children and young people. CAMHS provides community mental health services for 1.2million people, covering the areas of Merthyr, Rhondda Cynon Taf, Cardiff and Vale, Bridgend, Neath Port Talbot and Swansea. Therefore, please contact the Information Governance Team at Cwm Taf Morgannwg Health Board, Ynysmeurig House, Navigation Park, Abercynon, CF45 4SN, Email: freedomofinformation@wales.nhs.uk, who will be able to assist you with your enquiry.

